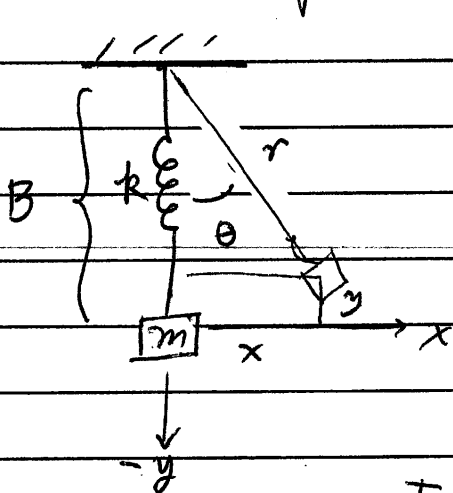


Spring - Pendulum

A spring with constant k is hung vertically and allowed to swing back and forth. Its equilibrium length is b , but when it hangs, the gravitational field extends it further.



The new equilibrium length is B , found by equating the spring force with the gravitational force

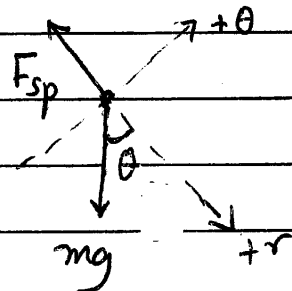
$$k(B-b) = mg$$

or

$$B = b + \frac{mg}{k}$$

It is about this new equilibrium position that the mass oscillates.

Method I polar coordinates: the general position of the mass is most conveniently described by (r, θ) where the origin is the support point of the spring/pendulum. A free-body diagram is



Decomposing the forces in polar coordinates give

$$\sum F_r = mg \cos \theta - F_{sp}$$

$$\sum F_\theta = -mg \sin \theta$$

where $F_{sp} = k(r-b)$

Newton's 2nd Law in polar coordinates is

$$\sum F_r = m a_r = m (\ddot{r} - r\dot{\theta}^2)$$

$$\sum F_\theta = m a_\theta = m (r\ddot{\theta} + 2\dot{r}\dot{\theta})$$

So, our two coupled, second-order ODEs for $r(t)$ and $\theta(t)$ are

$$\ddot{r} = g \cos \theta - \omega_0^2 (r - b) + r\dot{\theta}^2$$

$$r\ddot{\theta} = -g \sin \theta - 2\dot{r}\dot{\theta}$$

$$\text{where } \omega_0^2 = \frac{k}{m}$$

These are highly nonlinear, but linearizing decouples these dynamic eqns.

$$\text{let } r = B + \epsilon \quad \epsilon \ll B \quad (\dot{r} = \dot{\epsilon}, \ddot{r} = \ddot{\epsilon})$$

$$\theta = \theta \quad \theta \ll 1$$

Keeping only terms first order in any combination of $\epsilon, \theta, \dot{\epsilon}, \dot{\theta}, \ddot{\epsilon}, \ddot{\theta}$ give

$$\ddot{\epsilon} \approx g - \omega_0^2 (\epsilon + B - b) = -\omega_0^2 \epsilon$$

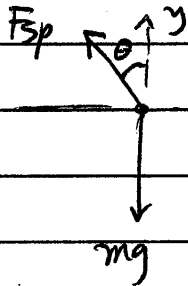
$$B\ddot{\theta} \approx -g\theta$$

$$\text{or: } \boxed{\begin{aligned} \ddot{\epsilon} + \omega_0^2 \epsilon &= 0 \\ \ddot{\theta} + \Omega^2 \theta &= 0 \end{aligned}} \quad \Omega^2 = \frac{g}{B}$$

We have two simple harmonic oscillators for radial and angular motion.

Method II rectangular coordinates: The position of m can be denoted (x, y) , where the origin is the (changing) equilibrium position.

The forces must be decomposed in these x, y coordinate.



$$\sum F_x = -F_{sp} \sin \theta = m \ddot{x}$$

$$\sum F_y = +F_{sp} \cos \theta - mg = m \ddot{y}$$

It is still true that $F_{sp} = k(r-b)$, but we need to express r and θ in terms of (x, y) .

Three expressions can be deduced from the original figure at the top of page 1:

$$\sin \theta = \frac{x}{r} \quad \cos \theta = \frac{B-y}{r} \quad r^2 = x^2 + (B-y)^2$$

The equations of motion, in terms of x and y , become

$$\ddot{x} = -\omega_0^2 x \frac{\sqrt{x^2 + (B-y)^2} - b}{\sqrt{x^2 + (B-y)^2}}$$

$$\ddot{y} = \omega_0^2 (B-y) \frac{\sqrt{x^2 + (B-y)^2} - b}{\sqrt{x^2 + (B-y)^2}} - g$$

These, of course, are extremely ugly equations, simply because (x, y) are not the natural coordinates for the problem. Linearization will simplify things

Let $x \ll B$ and $y \ll B$

So x, y are already first order (similar to θ in Method I)

expanding the square roots:

$$\begin{aligned} x^2 + (B-y)^2 &= x^2 + B^2 - 2By + y^2 \\ &= B^2 + (-2By + x^2 + y^2) \end{aligned}$$

$$= B^2 \left[1 + \left(\frac{-2y}{B} + \frac{x^2 + y^2}{B^2} \right) \right]$$

since we will retain only those terms linear in x, y , the squared terms can be eliminated. Although in general they need to be retained. The fractions become

$$\begin{aligned} \frac{\sqrt{x^2 + (B-y)^2} - b}{\sqrt{x^2 + (B-y)^2}} &\approx 1 - \frac{b}{B} \left[1 + \frac{2y}{B} \right]^{-1/2} \approx 1 - \frac{b}{B} \left(1 + \frac{y}{B} \right) \\ &= 1 - \frac{b}{B} - \frac{by}{B^2} \end{aligned}$$

The equations of motion are

$$\ddot{x} \approx -\omega_0^2 x \left(1 - \frac{b}{B} - \frac{by}{B^2} \right) \approx -\frac{g}{B} x$$

where we used the fact that $1 - \frac{b}{B} = \frac{mg/k}{b + mg/k}$ and we throw away the xy term.

$$\ddot{y} \approx \frac{k}{m} (B-y) \left(1 - \frac{b}{B} - \frac{by}{B^2} \right) - g$$

keeping all terms except the y^2 term, we have
(after much simplification)

$$\ddot{y} \approx -\frac{k}{m} y$$

The y motion is a spring
oscillator.

and the x motion

$$\ddot{x} = -\frac{g}{B} x$$

is pendulum
motion.

Again - 2 uncoupled simple harmonic oscillators

NOTE: If we wished to retain higher order terms
and study the nonlinear oscillations,
it is clear that polar coordinates are
more suitable.